

# Learning disability health team

Southwark, Lambeth and  
Lewisham Community Disability  
Health Team



An easy read guide

## What is the learning disability health team?



We are a specialist health team based in Southwark, Lambeth and Lewisham. In the team we have:

- nurses
- occupational therapists
- physiotherapists
- speech and language therapists
- Audiologist (ear doctor)

## What does the health team do?



The team help adults who have a learning disability to look after their health. This service is free for people who live in Southwark, Lambeth and Lewisham.

## Where will I see you?



You can choose where we will come to see you. We can come to your home, college, day centre or in the community.

## How we can help you?

We will talk to you to find out what help you need. Some things we can help you with are:



Advice on how to stay healthy



Help to see your GP and other health services



Help with hearing problems  
and communication



Help you to live as  
independently as possibly



Help with eating and  
drinking problems



Help to sit and lie down  
comfortably

# How to contact the Southwark and Lambeth team



**You can write to us**  
121 Townley Road  
East Dulwich  
London, SE22 8SW



**You can call us**  
020 3049 7518



**You can email us**  
[gst-tr.AWLDHealthTeam@nhs.net](mailto:gst-tr.AWLDHealthTeam@nhs.net)

## How to contact the Lewisham team



### **You can write to us:**

First Floor  
Old Town Hall  
Catford  
London  
SE6 4RU



### **You can call us:**

020 3989 0550



### **You can email us**

[gst-tr.AWLDHealthTeam@nhs.net](mailto:gst-tr.AWLDHealthTeam@nhs.net)

If you prefer, you can ask a friend, carer or health professional to call the team for you

## How to make a complaint about the team



You can make a complaint at any time.  
We can even help you to write your complaint if you would like us to.



**You can write to us**  
121 Townley Road  
East Dulwich  
SE22 8SW



**You can call us**  
020 3049 7518

## Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

**phone:** 020 7188 8801

**email:** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

## Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch.

**phone:** 020 7188 8815

**email:** [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

## NHS Website

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health. **web:** [www.nhs.uk](http://www.nhs.uk)

**Leaflet number: 3783/VER3**

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A list of sources is available on request