

Muhammad Ahad, project management apprentice in IT

I've been here for six months and working here has also changed my life at home. It's made me more organised and it's also made me more confident talking to people.

Because I'm in project management I look at my life as a project now. It's helping me because now I actually know what I what to do and I have a plan for my career. I want to finish my apprenticeship and I want to become a project support officer and become a project manager in the NHS.

It wasn't like that at first for me. When I left school I wasn't to sure what I wanted to do so I went on to college and did history and politics. But being an apprentice instead of going on to further education, and actually dong the work instead of learning the theory of it, means you have experience of actually doing something.